

How to Use the Eye Chart

1. Print the eye chart on regular 8 1/2 x 11-inch paper
2. Tack or tape the chart to a windowless wall in a well-lit room at eye level
3. Measure ten feet from the wall
4. Cover one eye (if you wear glasses for distance vision, keep them on)
5. Read the letters on each line out loud and keep track of which letters you get right
6. Continue to the bottom row or until you can no longer read the letters
7. Write down the number of the smallest line where you identified the majority of letters correctly (Ex./ If you were able to read 5 out of 8 letters on line 8, you would write 20/20.)
8. Cover the other eye and repeat steps 5-7

R. 20/_____

L. 20/_____

Snellen chart for adults

K H O R

20/100

O Z N H V C

20/70

R K S C Z H V D

20/50

H O C Z R K D S V N

20/30

S D K H O R C V

20/20